

Who is Team Caring for Carcinoid Foundation?

Team Caring for Carcinoid Foundation (CFCF) was born in 2006. It has blossomed into a thriving, cohesive team that rides together, laughs together, and raises awareness and funds together.

We believe in having fun while fundraising to support cutting-edge research. Team CFCF's fundraising efforts resulted in the extraordinary amount of nearly \$330,000 in 2008. This was a fundraising record for Team Caring for Carcinoid!

All proceeds from this event will go directly to funding the first large-scale genome study of carcinoid, led by Dr. Matthew Myerson of DFCI and the Broad Institute. The objective of this study is to identify the genes that are likely to cause carcinoid. CFCF selected this project to revolutionize the diagnosis and treatment of carcinoid and related NET patients. Ultimately, this study may lead to new therapies 'personalized' to each patient, specific mutations, as well as earlier detection and diagnosis, and prevention strategies. As no targeted therapies for carcinoid currently exist, this project provides an exciting hope for the future, and our goal of achieving a cure.

We give a big hand of applause to all of the riders who are making this project possible.

We welcome new and experienced riders and everyone in between who loves making a difference and having a great time doing it. We hold several training rides of various levels of difficulty and distance, led by enthusiastic team members. We also enjoy talks by members of CFCF's esteemed [Board of Scientific Advisors](#), including Dr. Meyerson himself.

As a member of Team Caring for Carcinoid Foundation, you will receive a sunflower team cycling jersey. **JOIN US TODAY!**

For more information, please e-mail Anne Doyle at: events@caringsforcarcinoid.org

What is carcinoid?

Carcinoid cancer is the term used to refer to tumors that originate in the nerve cells that produce hormones, also known as the neuroendocrine system. About half of these rare tumors begin in the digestive system — the stomach, small intestine, appendix, colon or rectum. They can also appear in the lungs or, less frequently, in other organs such as the pancreas or ovaries.

Currently, between 11,000 and 12,000 carcinoid tumors are diagnosed each year in the United States, but the number has been increasing by about six percent per year. These tumors are slightly more common in women than in men.

Carcinoid tumors and other neuroendocrine tumors grow slowly in comparison to other cancers and may go undetected for years. However, they can cause problems by producing excess hormone-like substances.

Sometimes carcinoid tumors can spread and release high levels of hormones, resulting in carcinoid syndrome. The symptoms of carcinoid syndrome vary depending on what hormones are being released into the blood stream, but may include flushing of the skin on the face and chest, diarrhea, and wheezing and shortness of breath.

What is the Pan Mass Challenge?

PMC Founder and Executive Director Billy Starr lives by the mantra "To reap the rewards, you have to do the work." This knowledge, learned years ago, has not only shaped his life but has enabled him to run what is today the single most successful athletic fundraising event in the nation.

In 1977, Starr initiated a new annual routine. He would wakeup at 4 a.m. and hop on his bike, focused on making it to Provincetown with enough time to catch the 3:30 p.m. ferry back to Boston. The grueling 140-mile ride, accomplished with amazing speed, was something he did for fun.

But in 1980, Starr led dozens of friends who together had formed a loftier goal than just achieving speed or testing their endurance. This time they made a weekend out of it and set a goal of raising money to combat cancer, a disease that had claimed Starr's mother, his uncle, a cousin and the lives of so many others.

When the cyclists gathered in Springfield, Massachusetts on that Saturday morning, Starr's mind was focused solely on finishing with the group still intact. But by Sunday afternoon, Starr had found his calling and the Pan-Massachusetts Challenge was born.

Who is the Caring for Carcinoid Foundation?

The mission of the Caring for Carcinoid Foundation (CFCF) is to discover a cure for carcinoid and related neuroendocrine tumors (NETs). CFCF also works to eliminate the suffering of patients, families, and caregivers affected by carcinoid and related NETs.

Nancy Lindholm O'Hagan founded the Caring for Carcinoid Foundation as the only carcinoid and related neuroendocrine tumor (NET) focused foundation with the mission of discovering a cure, with a formal Board of Directors, a Board of Scientific Advisors, and a structured research roadmap used to achieve its mission.

CFCF funds leading scientists, whose research will advance the understanding of carcinoid and related NETs, with the goal of curing these diseases. Since its inception, CFCF has awarded over 4.5 million dollars in research grants to leading scientists at renowned institutions.

CFCF achieves its goals by directing 100% of all individual donations to cutting-edge scientific research. This is made possible by the generous support of its Board of Directors and corporate sponsors. Not a single individual donor dollar is used to support any of CFCF's overhead, operations, or fundraising costs.

In addition to research, CFCF provides support to patients and their loved ones through its award-winning website (www.caringforcarcinoid.org), E-Updates, dynamic clinical trials finder, patient education materials, phone support, and outreach programs.



**CARING FOR CARCINOID
FOUNDATION**

Dedicated to discovering a cure for carcinoid cancer

Caring for Carcinoid Foundation
198 Tremont St
Box 456
Boston, MA 02116
(857) 222-5492

www.caringforcarcinoid.org



Join us for a cure!

This material was prepared by the Caring for Carcinoid Foundation (CFCF) for general informational purposes only. This information is not intended as and should not be relied upon as medical advice. We encourage you to take information and questions back to your medical professional. Please see CFCF's User Agreement for more information:
http://www.caringforcarcinoid.org/aboutcfcf/documents/user_agreement.pdf

**Ride to a Cure in
the Pan Mass
Challenge**

**Join Team
CARING FOR
CARCINOID
FOUNDATION
Today!**



**CARING FOR CARCINOID
FOUNDATION**

Dedicated to discovering a cure for carcinoid cancer